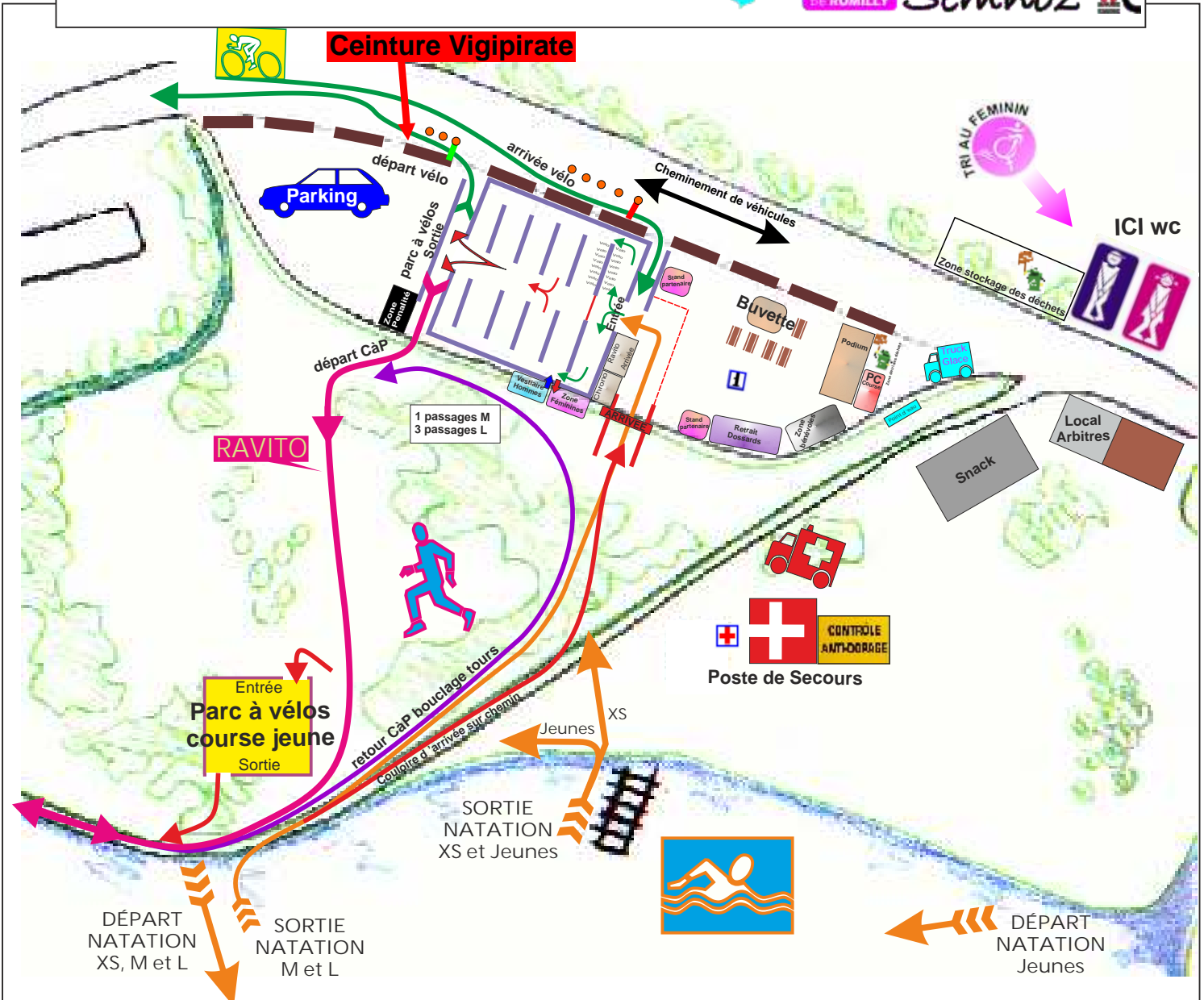


# TRIATHLON DE RUMILLY



## Distance JEUNES

poussins, pupilles

NATATION 70 m  
 VÉLO 2 km **VTT obligatoire**  
 COURSE A PIEDS 400 m



# TRIATHLON DE RUMILLY



Distance  
**XS**  
400m



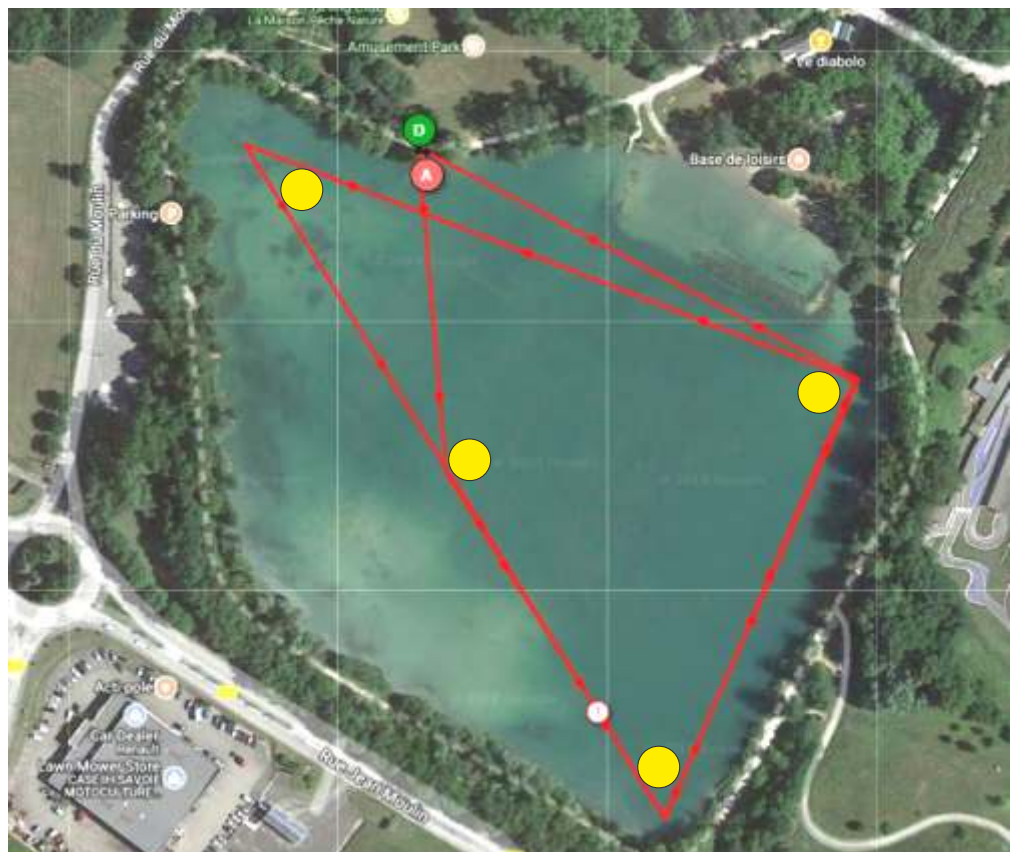
<https://www.openrunner.com/r/8676806>



Distance  
**M&L**  
1400m



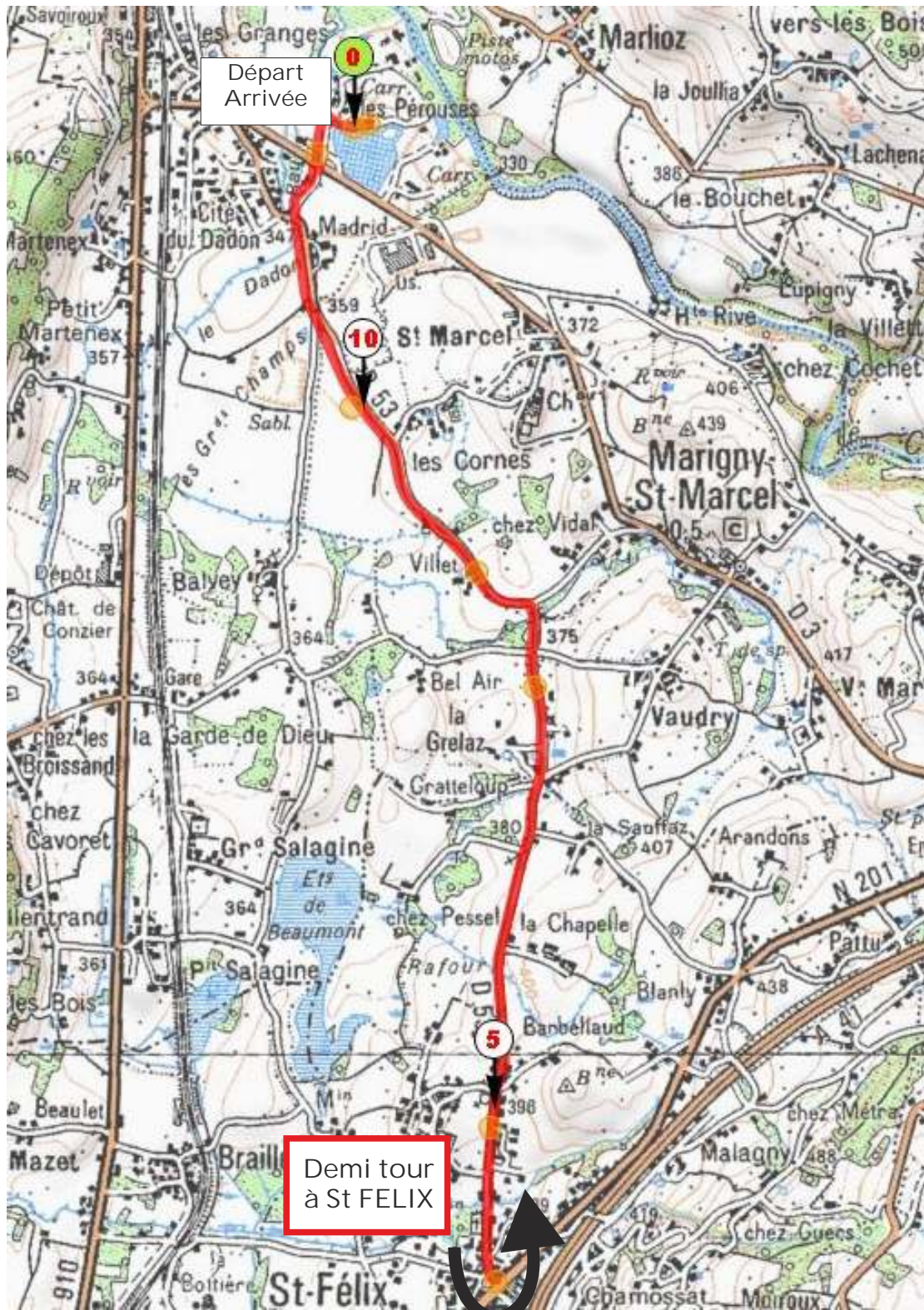
<https://www.openrunner.com/r/8676706>





TRIATHLON DISTANCE XS  
 PARCOURS VÉLO 11 km


<https://www.openrunner.com/r/8628813>







TRIATHLON DISTANCE XS  
PARCOURS NATATION 400 m  
PARCOURS COURSE A PIEDS 2,8 km

# Distance XS

 **OPENRUNNER** <https://www.openrunner.com/r/8668937>





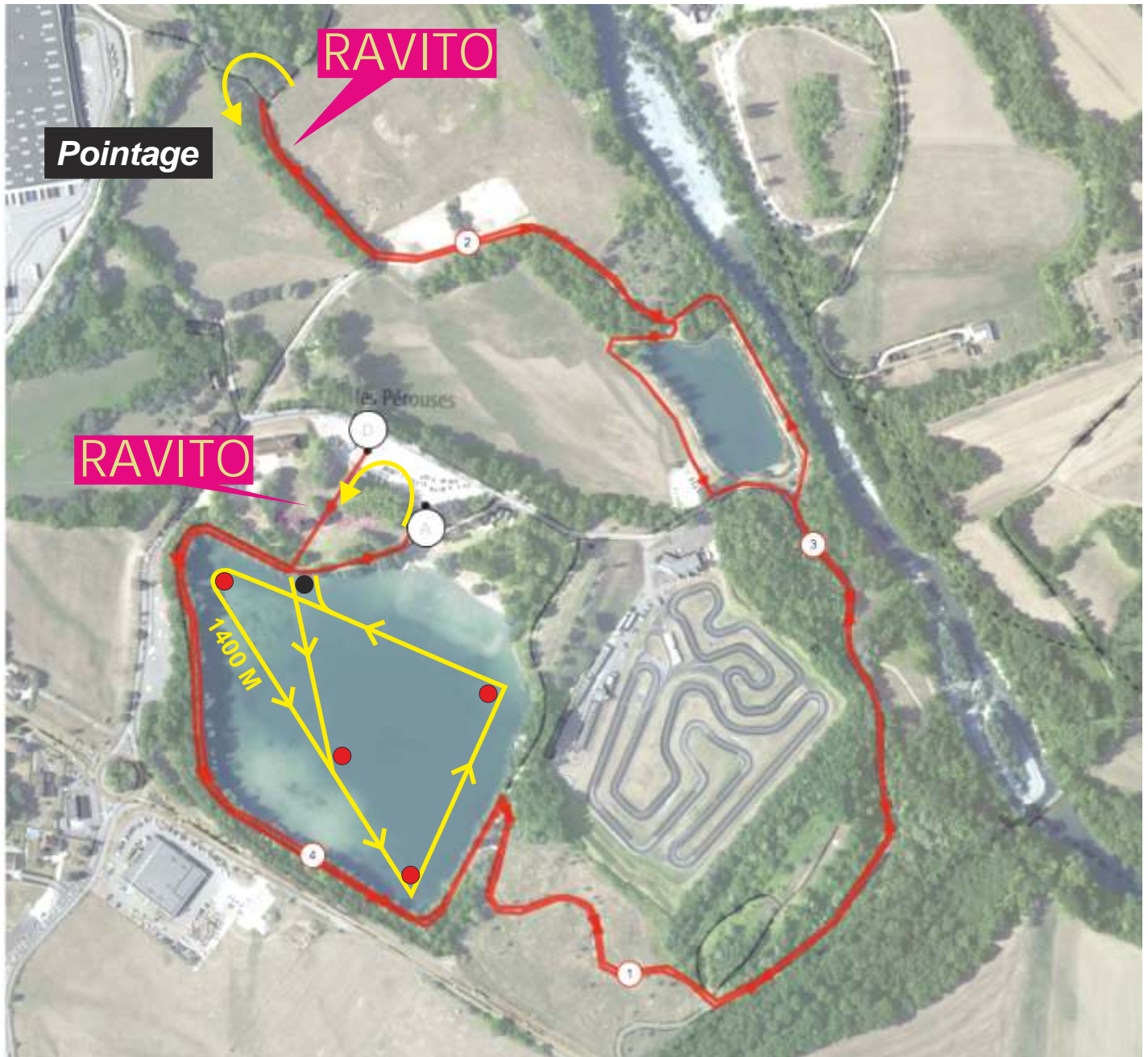
COURSE DISTANCE L HALF IRON du Semnoz  
PARCOURS NATATION 1400 m (2 tours de 700 m)  
PARCOURS COURSE A PIEDS 18 km (4 tours de 4,5 km)

**COURSE DISTANCE M**  
PARCOURS NATATION 1400 m (2 tours de 700 m)  
PARCOURS COURSE A PIEDS 9 km (2 tours 4,5 km)

Distance  
**M&L**



<https://www.openrunner.com/r/8626385>





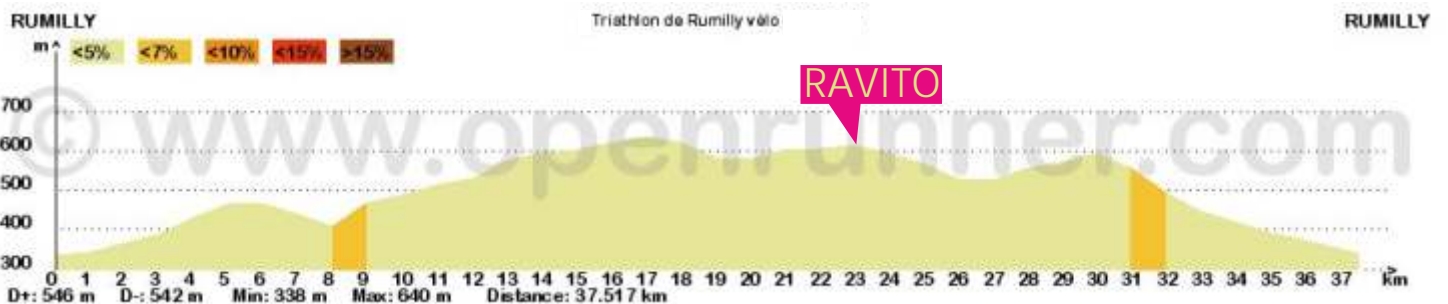
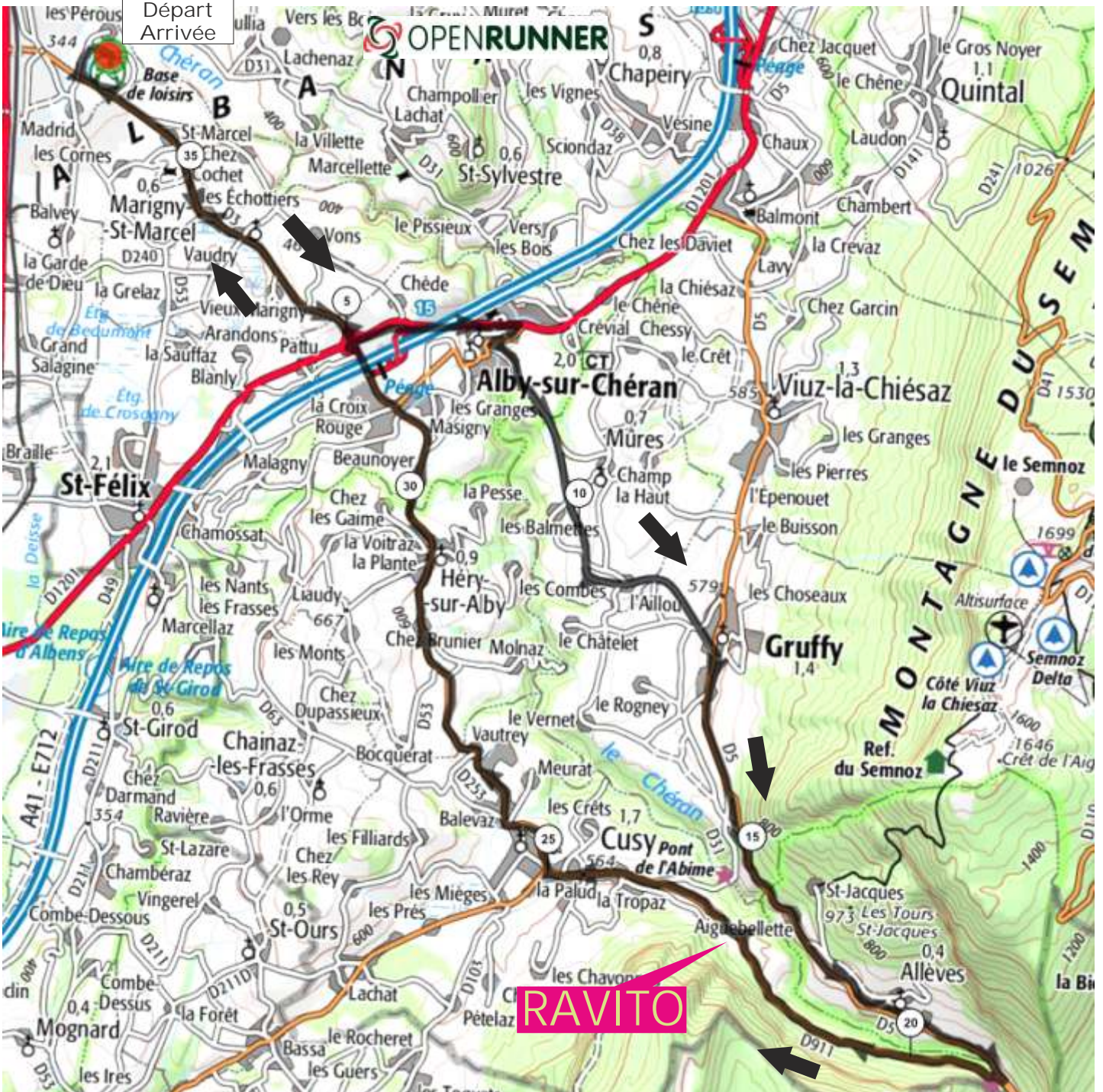


Distance

M

COURSE DISTANCE M  
PARCOURS VÉLO 37 km

OPENRUNNER <https://www.openrunner.com/r/8628837>





# Distance



COURSE DISTANCE L HALF IRON du Semnoz  
PARCOURS VÉLO 71 km



<https://www.openrunner.com/r/8628793>

